# theranica

# Nerivio®

A wireless non-invasive neuromodulation device for the acute and/or preventive treatment of migraine

**USER MANUAL** 



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### 1. INTRODUCTION

### 1.1. ABOUT THIS MANUAL

This manual provides the information necessary for the user to effectively use the Nerivio® device.

- Do not attempt to perform any procedure before carefully reading all instructions.
- Always follow product labeling and the manufacturer recommendations.
- For any inquiry, please contact customer support.

### 1.2. PRODUCT OVERVIEW

Nerivio is a wearable, battery-powered medical device for the acute and/or preventive treatment of migraine with or without aura in patients 8 years of age or older. Nerivio is controlled by a mobile application. The Nerivio is intended for self-administration at home healthcare environment.

The device is worn on the upper arm and transmits transcutaneous remote electrical nerve stimulation by applying weak electrical pulses that invoke conditioned pain modulation (CPM) to inhibit migraine pain. Nerivio is intended for self-administration at the onset of a migraine episode.

The Nerivio system includes several main components:

- 1. The Nerivio device. The device is placed on the arm and produces electrical signals.
- 2. Armband and extension. The armband should be wrapped around the device on the arm to improve the contact between the device and the skin, to secure its location on the arm and to conceal the device for treatment discretion.
- 3. Software application (app)
- 4. Carrying bag

The external side of the Nerivio device includes a power button and a LED indicator that signals various modes of operation. The internal side includes the electrodes that deliver neurostimulation signals. The armband secures the device in its location.

The device is controlled by an application which is installed on a smartphone. The application controls the device, retrieves operational records from the device and stores the data for further retrospective processing/reviewing.

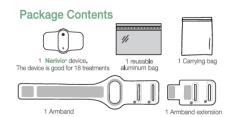
The application enables the user to activate the stimulation, control the stimulation intensity, monitor the treatment duration and pause or stop the stimulation. The application also provides notifications and indications on the connection status and on the remaining number of treatments. It also offers a migraine dairy feature which enables to track information about your migraine attacks. The device is good for 18 treatments of 45 minutes, provided average stimulation intensity is under 85%

### 1.3. PRODUCT FUNCTIONS

- The device is battery-powered; the battery is internal, integrated, and non-rechargeable.
- The device includes integrated electrodes, providing electrical stimulation to the skin.
- The device is activated by a power button.
- Armband which should be wrapped around the device on the arm to improve the
  contact between the device and the skin, to secure its location on the arm and to
  conceal the device to enable discreet treatment. An extension is also provided for
  larger arm sizes.
- An application (app) installed on a smartphone to control and monitor the treatment (as well as provide other features).

### 1.4. PACKAGE CONTENT

- 1 Nerivio<sup>®</sup> device (inside aluminum bag)
- 1 Armband
- 1 Armband extension
- 1 Carrying bag
- 1 QuickStart guide
- 1 Leaflet



# 2. GLOSSARY

App: Mobile application running on smartphone

LED: Light-Emitting Diode

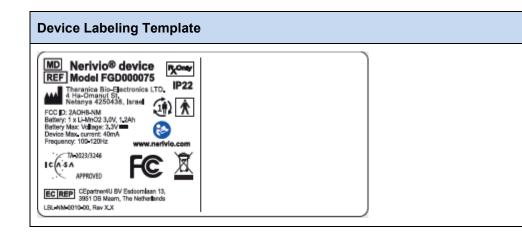
EMC: Electromagnetic compatibility

TENS: Transcutaneous electrical nerve stimulation

FDA: The Food and Drug Administration

FCC: The Federal Communications Commission

# 3. LABELS AND SYMBOLS



Symbol	Description
www.nerivio.com	Read and fully understand user manual before using this device.
<u>i</u>	Electronic instructions for use are available within the Nerivio app
FC	Compliance with FCC Federal Communications Commission Class B – certified for home use FCC identifier: 2AOH8-NM
	Manufacturer
<u> </u>	Country of manufacture IL or TW
*	Type BF applied part (IEC60601-1)
REF	Catalog number
SN	Serial number

Symbol	Description
IP22	Ingress protection rating
$\square$	Use by date - indicates the date after which the device is not to be used
Ť	Keep dry
*	Temperature limits
<b>%</b>	Humidity limitation
<b>***</b>	Atmospheric pressure limitation
$\triangle$	Caution
类	Keep away from sunlight
	Special requirements for waste of electrical and electronic equipment (WEEE Directive). This product must not be disposed of via municipal waste collection. Separate collection for electrical and electronic equipment waste per Directive 2012/19/EC in the European Union is required. Contact the manufacturer for details.
R <sub>X</sub> Only	Caution: Federal (US) law restricts this device to sale by or on the order of a physician.
Ţ	Fragile, handle with care
UDI	Unique Device Identification. A series of numeric or alphanumeric characters that allows unambiguous identification of specific devices on the market

Symbol	Description	
EC REP	Authorized Representative in the European Union	
MD	Medical device	
	The device may be used multiple times on a single patient	
CE	The device is in conformity with the applicable requirements set out in with European Union Medical Device Regulation (EU) 2017/745 and other applicable Union harmonization legislation	
	information about distributor	
	information about importer	
TA-2023/3246 ICA:SA APPROVED	ICASA—Tested to requirements of Independent Communications Authority of South Africa	

### 4. SAFETY

### 4.1. CONDITIONS FOR USE

### 4.1.1. INDICATION FOR USE

Nerivio is indicated for acute and/or preventive treatment of migraine with or without aura in patients 8 years of age or older. It is a prescription use, self-administered device for use in the home environment at the onset of migraine headache or aura for acute treatment, or every other day for preventive treatment.

### 4.1.2. CONTRAINDICATIONS

- I. The device should not be used by people with uncontrolled epilepsy.
- II. The device should not be used by people with an active implantable medical device, such as a pacemaker, hearing aid implant, or any implanted electronic device. Such use could cause electric shock, electrical interference or serious injuries or medical conditions.

### 4.2. WARNINGS, PRECAUTIONS AND ADVERSE EVENTS

The following icons are used throughout this user manual:



Warning: Indicates a potentially hazardous situation which, if not avoided, could result in serious injury or death.



Precaution: Indicates a potentially hazardous situation which, if not avoided, may result in minor or moderate injury to the user or patient or damage to the equipment or other property.



Note: indicates important information regarding the use of the system

### Warnings



Do not attempt to perform any procedure before carefully reading all the instructions



Do not use the device on the heart, chest, neck, head or any other body location other than the upper arm, because this could cause severe muscle spasms resulting in closure of your airway, difficulty in breathing, or adverse effects on heart rhythm or blood pressure

- Do not use the device over skin conditions, such as open wounds or rashes, or over swollen, red, infected or inflamed areas or skin eruptions or fragile skin on your upper arm at the treatment location
- Do not share the device with other people. The device is intended to be used by a single person to avoid skin disease or any transmissible disease
- Do not disassemble, crush, incinerate or short-circuit the battery. This could cause a fire, injury, burns, or other hazards

### **Precautions**

- The device has not been evaluated for use in people with congestive heart failure (CHF), severe cardiac or cerebrovascular disease
- Federal Law restricts this device to sale by or on the order of a physician
- The device should not be applied over areas of skin that lack normal sensation. If one upper arm is insensitive to physical sensation, use the other upper arm
- Do not use the device over or in proximity to cancerous lesions
- Do not use the device on an arm with a metallic implant. In such cases, consider using it on the other upper arm
- Do not use the device simultaneously with another electrical stimulation device
- Do not use the device while driving, cycling, or operating any vehicle or machinery
- Do not use the device on wet skin or when bathing, showering, during exercise, while sweating or in high humidity
- Do not use the device in the presence of electronic monitoring equipment (e.g., cardiac monitors, ECG alarms)
- Do not use the device in a magnetic resonance imaging (MRI) environment
- The long-term effects of chronic use of the device are unknown
- The device has not been evaluated for use in pregnant women and people less than 8 years of age
- Do not use the device past expiration date

- Check the device for damage, debris, and contamination. If the device is damaged, dirty or has any debris, please do not use it, and contact the manufacturer's customer support
- If the device was damaged, do not touch exposed electronics
- Do not use the device if the electrodes become significantly dirty or damaged
- Keep the device under the recommended environmental conditions specified in user manual to avoid any damage to the device
- Do not start a treatment before placing the device on your arm
- In case of device malfunction, remove the device from your arm and contact customer support
- It is recommended that your smartphone will be protected by a password (or other security mechanism) to refrain from unwanted people to activate the device
- Interference to the Bluetooth connectivity may occur in the vicinity of equipment emitting RF (e.g., microwave, routers, Wi-Fi devices)
- To minimize moisture loss, when unused, the electrodes should be covered with the provided protective film and the device should be stored in its original package
- Do not expose the device to moisture and/or high humidity. If exposed, dry the device as soon as possible
- Before or after a treatment, rub the electrodes with your finger using a drop of water to improve their adhesiveness
- Do not clean the device with soap, alcohol, submerge in water, or scrub with abrasive material
- Do not disassemble or modify the device by yourself
- Do not attempt to recharge or detach the battery
- Neep the device out of the reach of infants, toddlers, children and pets
- The device uses Bluetooth technology; it may therefore be interfered by other equipment utilizing RF technology, even if the other equipment complies with CISPR emission requirements

- The device should not be used adjacent to or stacked with other equipment and if adjacent or stacked use is necessary, the Nerivio should be observed to verify normal operation in the configuration in which it will be used
- Do not use devices which generate strong electrical or electromagnetic fields, near the Nerivio device. This may result in incorrect operation of the device and create a potentially unsafe situation. In order to reduce the risk of EM interference, it is recommended to keep a minimum distance of 30 cm (12 inches) between the device and other electromagnetically radiating devices. Verify correct operation of the device in case the distance is shorter. During the immunity tests the device operated normally

### Adverse reactions

During the treatment you might experience a temporary sensation of warmth, local tingling, numbness in the arm, pain in the arm, redness of the skin or muscle spasm, which should disappear shortly after the end of the treatment.

Consult with your healthcare professional if these reactions persist, if the migraine headache worsens, if an allergic reaction occurs, or if there are any other concerns. If a serious incident that is related to the device has occurred, please report it to the manufacturer and the competent authority of the Member State in which you are established.



Refer to Nerivio's website at <a href="http://www.nerivio.com/science/clinical-trials">http://www.nerivio.com/science/clinical-trials</a> for a complete listing of clinical data and adverse events information

# 5. WHAT DOES THE TREATMENT FEEL LIKE?

The device transmits electrical pulses. You may feel a strong sensation at first, but it will typically fade to a comfortable level after a couple of seconds. You will then need to set the treatment intensity level by increasing it to the highest level that feels strong yet comfortable and not painful (see instructions below). If the sensation is uncomfortable or painful, you should decrease the intensity. If you experience hand numbness and/or muscle twitching, try changing the location of the electrodes on the arm.

If a serious incident that is related to the device has occurred, please report it to the manufacturer and the competent authority of the Member State in which you are established.

### 6. USING THE DEVICE

### 6.1. STARTING FOR THE FIRST TIME

Before using the device for the first time, the Nerivio app must be installed, and the device should be connected to the app. *Make sure that Bluetooth connection on your smartphone is enabled.* 

Note - Children under the age of 12 should be guided by their parents at the first time they use the device.



Do not attempt to perform any procedure before carefully reading all the instructions

# 6.1.1. DOWNLOADING AND INSTALLING THE APPLICATION

**Step 1:** Verify that your smartphone is compatible with the Nerivio app (refer to www.nerivio.com FAQ for smartphone requirements).

**Step 2:** Download and install the Nerivio (depending on your operating system).



app via Google play or App store



**Step 3:** You will be asked to create an account. Follow the app instructions. During the sign-up process, you will need to confirm the end-user license agreement and privacy policy (EULA). The EULA confirmation is only required when the app is opened for the first time or when the EULA was changed. For safety reasons, you are advised to lock your smartphone with a password or any other means (biometric, etc.).





If this is the first time you are using the app, you will need to create an account in the "Sign up" screen. If you already have an account, use the "Sign in" to sign into your account.

When creating an account, you will need to choose a password. The password must be at least 9 alpha-numeric characters including at least 1 uppercase letter, at least 1 lowercase letter and at least 1 numeric digit.

During the sign-up process, the app will send you a verification email to the email address which you have registered with. You will need to confirm this email to continue with the registration process. In case the verification email has not arrived within 10 minutes it is recommended checking junk emails or address the issue with internet provider to ensure it was not filtered out by spam filter.





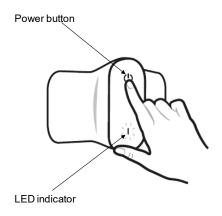
Following creating the account, you will be asked to review the Privacy Policy and the End User License Agreement (EULA) and accept these terms by pressing the "I Agree" buttons. You will be asked to activate your Bluetooth and device location. Please note that without your consent and completing these steps, the device will not be able to perform a treatment.

It is possible to open an account for an adolescent or a child, but the process needs to be initiated by an adult caregiver, in the following manner:

- 1. Adults create their own account using the process above.
- 2. After logging in, go to More à Account Settings à Adolescents.
- 3. Start the process by clicking on "Add child" and follow the instructions there onwards.

### 6.1.2. CONNECTING THE DEVICE TO THE APP FOR THE FIRST TIME

**Step 1:** Turn on the device using the power button located at the external part of the device. A slow flashing (mostly on) green light indicates the device is on.

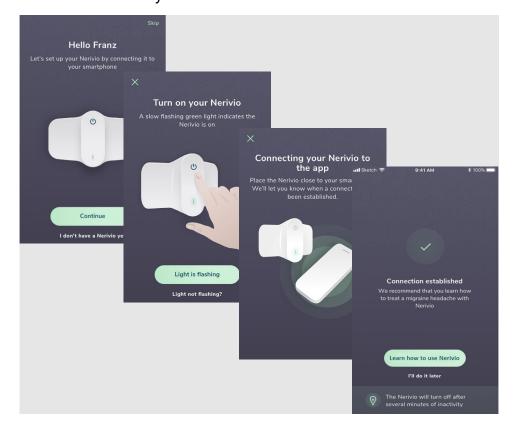




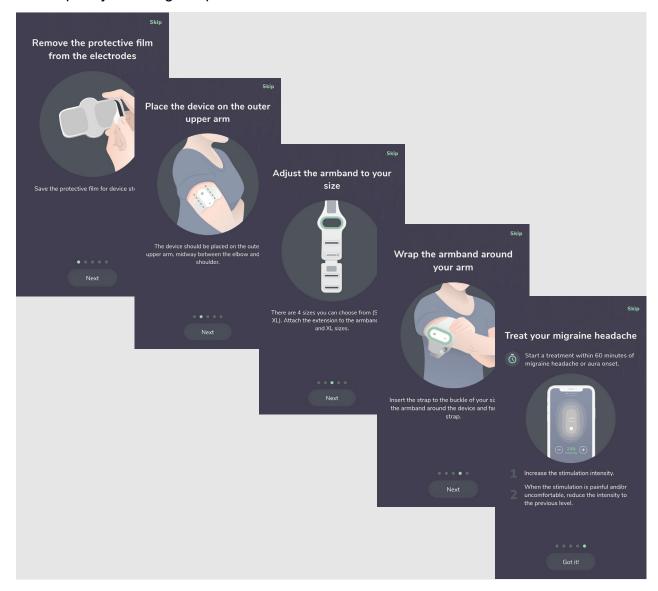
# Check the device for damages. If the device is damaged return it to the manufacturer or contact customer support

**Step 2:** Enable Bluetooth on your smartphone. Then, open the app and connect the Nerivio device to the app using the app instructions. The device and the smartphone should be in proximity of 1 inch (~2.5 cm) or less. It is recommended not to place the device on the arm during the first connection to ensure the close proximity to the phone. As you begin using the app, it may ask for permissions. Please allow these permissions so that the app works properly. You will be notified when a connection has been established. A fast-flashing green light indicates the device is connected to the app.

Note that each device can only be associated with one user.



Step 3: Instruction how to treat a migraine headache with Nerivio will be presented. You can skip it by touching "Skip" or "Next".



**Step 4**: Place the device in its original package or in the travel bag to store it for next use or start a treatment following the instructions below. If the device was on for over 10 minutes when no treatment was initiated, it automatically shuts down. Turn it back on to start a treatment.

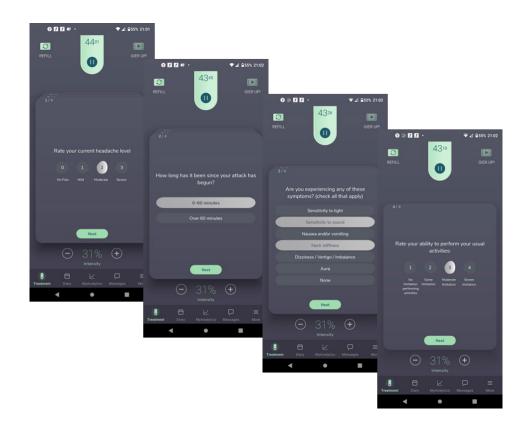
### 6.1.3. THE APP SCREENS

The app includes a treatment screen (home screen), a diary screen, MyAnalytics screen, messages screen and a More screen.

**Treatment screen** – This screen enables to initiate, control, monitor, pause and stop a treatment session.



**Treatment questionnaire** - At the beginning of the treatment session, a questionnaire regarding your symptoms' status will be displayed. There are 4 questions in this questionnaire. At the 2-hour mark following the treatment, the app will send a notification to complete this questionnaire again, to allow the comparison of your symptoms status at the beginning and following the treatment.



**REFILL** button - Whenever your Nerivio device runs out of treatments and you want to order a new one, tap the REFILL button on the top left corner of the Treatment screen and follow the prompts.



**GIER Up!** button – the Guided Imagery, Education and Relaxation (GIER) feature is an audio-visual module of guided imagery, relaxation and education, designed for use in conjunction with the treatments. It includes a rich content library created by top headache psychologists. This content is available for free during your Nerivio treatments at home, on the go, and at your own pace.

### - Educational Content:

Understanding your migraine can be powerful for migraine management. Discover what happens in your brain during migraine attacks and how Nerivio works to prevent and abort attacks. Learn why it's important to match your lifestyle to the needs of your migraine brain.

### - Guided Practices:

Harness the power of science-backed behavioral strategies to reclaim control of your migraine. Follow expert-led sessions designed to reduce pain, stress, and tension through guided imagery, breathing techniques, muscle relaxation, and more.



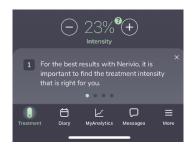




### From left to right:

- A) The GIER UP! button is located at the top-right corner of the treatment screen and is enabled a few seconds after the treatment starts.
- B) GIER welcome screen (shown 3 times only) provides the entry point to the GIER library.
- C) Inside the GIER library you'll find plethora of content curated to themes.

**Intensity Tooltip** – Next to the "+" button there's a clickable tooltip that, when clicked, provides additional information and tips regarding how to set the intensity of the treatment. At least once, we recommend popping up the tooltip and reading through all the text.







**Diary screen** – This screen enables you to track and edit your treatment sessions and migraine headaches. Clicking on Diary in the app will open a calendar in which all your treatment sessions and reported migraines are stored. Treatment sessions are marked as green dots on the treatments days and daily diary records are marked as white circle on the reported days.

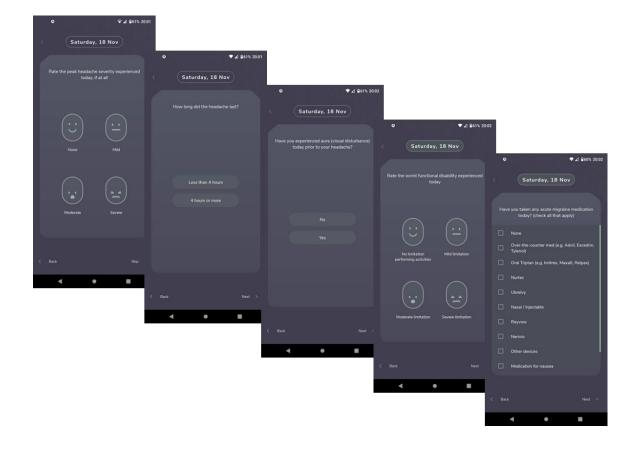
Clicking on the 'Fill Daily Diary' button will allow you to add a report of your migraine headache and other symptoms, regardless of whether you performed a treatment or not. This can be filled in daily, but not more than once a day.

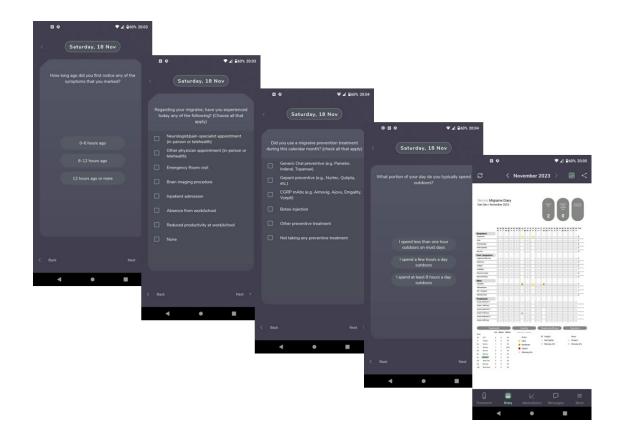






In the calendar view, clicking on a specific day will open the details of the daily health tracking and treatments which occurred on this day. You may edit the diary entry by pressing the edit button of the record. The diary information can be summarized in a table and exported and shared with your healthcare provider or any other caregiver. This is done by clicking the SHARE button, which enables you to download the file and save it locally or send it by email or any messaging app installed on your phone.





## MyAnalytics screen

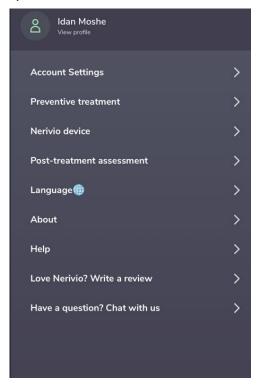
Your migraine records are summarized in the MyAnalytics screen. MyAnalytics presents you with the number of migraines you have had, your headache pain levels, and presence of other symptoms. It provides information on how well you adhere to the recommended instructions of Nerivio such as treating early. MyAnalytics presents whether your treatments with Nerivio were helpful for your headaches and other symptoms and provides information on the types of medications you use. It displays the distribution of your migraines across the weekdays and time in the day (e.g., mornings). This information only exists if you record your symptoms when you treat your migraines and after the treatment is over when you receive notifications.

The information on MyAnalytics can be exported to a PDF and shared with your healthcare provider, a family member, or a friend. This is done by clicking the SHARE button, which enables you to download the file and save it locally or send it by email or any messaging app installed on your phone.



**Messages screen** – This screen provides access to app notifications that have been received.

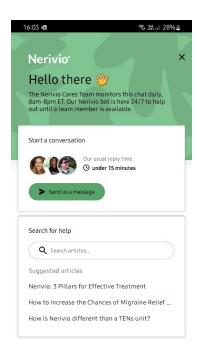




The available options are:

- View profile (in the header) select this to view or edit your account details.
- Account settings select this to manage the following functions:
  - Create and view an adolescent's or child's account. As Nerivio is indicated for patients 8+, you can have an adolescent use Nerivio and the app via creating an adolescent or child account from an existing adult account. The specific age enabling creation of adolescent or child account may vary from region to region, please make sure to follow the instructions on the screen to complete this process.
  - Delete marketing code: If you were provided with a marketing code, you can delete it via this menu option
  - Enable/Disable Personal Info on Diary Export: When enabling this, your name will appear in the diary export file
  - Enable/Disable daily diary notifications
  - Enable/Disable Treatment reminders: to set a reminder for preventive treatments.
  - Sign out: You may either sign out of your account or change the automatic sign-out settings.

- Preventive Treatment: Allows you to enable or disable preventive treatment reminder, based on set schedule e.g., every other day etc.
- Nerivio device select this to order a Nerivio device or to connect to a different new Nerivio device or to enter a special code, if applicable.
- Post-treatment assessment select this to report your migraine symptoms at 2 hours post-treatment. When a post-treatment assessment is available, a green badge will be presented on the More menu.
- Language select this to choose your preferred language.
- About- select this to view the app version and the connected device info.
- Help this screen provides access to the instructional videos that explain how to treat
  a migraine headache with the Nerivio device, to the Nerivio user manual, to tutorials
  for using the Nerivio device, to frequently asked questions, to troubleshooting, to review
  the Terms & Conditions (EULA) and privacy policy and enables to contact customer
  support via email or phone.
- Love Nerivio? Write a review select this to rate and share with us your feedback on the Nerivio device.
- Have a question? Chat with us\* select this to chat directly with our experienced support professionals about any question you may have:



<sup>\*</sup> The Chat feature is available only in certain countries.

### 6.2. TREATING AN ACUTE MIGRAINE HEADACHE

The treatment should be performed at the onset of a migraine headache. For effective results, you should start the treatment as soon as you feel the first symptoms of the migraine and within the first hour (60 minutes) of the migraine symptoms onset (headache and/or aura). The treatment duration is 45 minutes.

### 6.3. TREATING FOR MIGRAINE PREVENTION

For migraine prevention therapy, the treatment should be performed every other day, regardless of your migraine status (e.g., whether you have a migraine or not on the day of the treatment).

Treatments can be performed at any time during the day; the most important thing is to pick a time that is convenient for you and stick to it. The Nerivio app offers treatment reminders, so you never miss a treatment.

### 6.4. COMBINING ACUTE AND PREVENTATIVE TREATMENTS

Nerivio can be used to prevent migraines and treat migraine attacks as follows: use Nerivio every other day to prevent migraine and as needed to treat every migraine.

For example, if you choose to perform a preventative treatment every Monday, Wednesday, Friday, and Saturday:

- And you get a migraine attack on one of the days you are performing preventative treatments (e.g., Monday) - you can perform the usual preventative treatment and an acute treatment on the same day. Then continue with your preventative treatment on Monday, Wednesday, Friday, and Saturday as usual.
- And you got a migraine attack on one of the days you are NOT performing preventative treatments (e.g., Sunday) – perform a 45-minute treatment when the migraine attack starts. Then continue with your preventative treatment on Monday, Wednesday, Friday, and Saturday as usual.

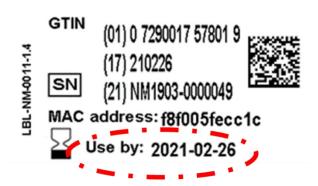
### 6.5. START A TREATMENT

Before you begin, make sure the smartphone Bluetooth connection is enabled.



Do not share the device. The device is intended for a single user.

**Step 1:** Check the device expiration date on the label located on the protective film and on the package.





### Do not use the device past expiration date

Step 2: Make sure that your arm skin is clean, dry, and free from lotion.

**Step 3:** Turn on the device. A slow flashing (mostly on) green light indicates the device is on. If the LED is still off or is solid green, please contact customer support.

**Step 4**: Open the app and confirm the device is connected successfully. The connection status can be viewed in the app on the top of the treatment screen. Also verify that there is at least one remaining treatment.



**Step 5:** Carefully remove the protective film from the electrodes and save it for storing the device and maintaining the electrode adhesiveness between uses.



**Step 6:** Place the device on your upper arm so that the electrodes are in contact with your skin and the LED indicator is facing outwards. The device should be located midway between the elbow and the shoulder. Place the device directly on the skin and not on your shirt.



**Step 7**: Adjust the armband to your size. There are 4 sizes you can choose from (S, M, L, XL). Attach the extension to the armband for L and XL sizes.



Step 8: Insert the strap to the buckle of your size.

**Step 9:** Wrap the armband around the device on your arm and fasten the strap. The armband will secure the device on its location and improve the contact between the device and your skin.





Do not use the device on the heart, chest, neck, head or any other body location other than the upper arm



Do not use the device over skin conditions, such as open wounds or rashes, or over swollen, red, infected or inflamed areas or skin eruptions or fragile skin on your upper arm at the treatment location



It is important to use the device only when positioned correctly on the arm. The device should be located midway between the elbow and the shoulder, on the outer side of the arm.

**Step 10:** To start the treatment, touch 'Start' in the treatment screen. The treatment has now begun and will stop automatically after 45 minutes. A slow flashing (mostly off) green light indicates the device is stimulating.



Do not start a treatment before placing the device on your arm



Do not use the device on wet skin or when bathing, showering, during exercise, while sweating or in high humidity

- Do not use the device while driving, cycling, or operating any vehicle or machinery
- Do not use the device if the electrodes become significantly dirty or damaged
- If the device was damaged, do not touch exposed electronics
- Do not use the device in the presence of electronic monitoring equipment (e.g., cardiac monitors, ECG alarms)
- Keep the device in a dry environment. Moisture may damage the device
- Do not use the device in a magnetic resonance imaging (MRI) environment
- The long-term effects of chronic use of the device are unknown
- In case of device malfunction, remove the device from your arm and contact customer support
- In case the device fails to properly adhere to the skin, rub the electrodes using a drop of water to improve their adhesiveness. If needed, contact customer support

**Step 11:** Set the treatment intensity level, so it feels strong yet comfortable and not painful. The treatment starts at a default intensity of 12%. Gradually increase the intensity as described below.



### Setting intensity level:

- a) Start increasing the stimulation intensity using the "+" button. Each press will increase the intensity by 1 unit.
- b) When the stimulation is painful and/or uncomfortable, reduce the intensity to the previous level using the "-" button. Each press will decrease the intensity by 1 unit.
- c) Increase and/or decrease the stimulation intensity until you find the highest intensity that feels strong but not painful.



For effective and convenient treatment, the intensity level is individually set so it feels strong yet comfortable and not painful



You should monitor the activity of the device throughout its operation

Once you find the strongest and convenient stimulation intensity level, relax and continue with the treatment. If during the treatment the sensation is not strong, if it feels uncomfortable or painful, adjust the intensity level using the "+" and "-" buttons.

- The default starting intensity level is 12%.
- Note that long/continuous presses should be avoided.
- If you have significantly increased the intensity and still do not feel the stimulation, please refer to troubleshooting or contact customer support.

For your safety, the intensity will increase slowly. This gradual increase will be presented in the app by a flashing "increasing" indication that will stop once the desired intensity is reached.

**Step 12:** After the treatment has begun, questions on your migraine symptoms will be automatically displayed. You can record your migraine symptoms or skip this by touching "Next".

Note that the treatment is still in progress, and it can still be controlled by the app.









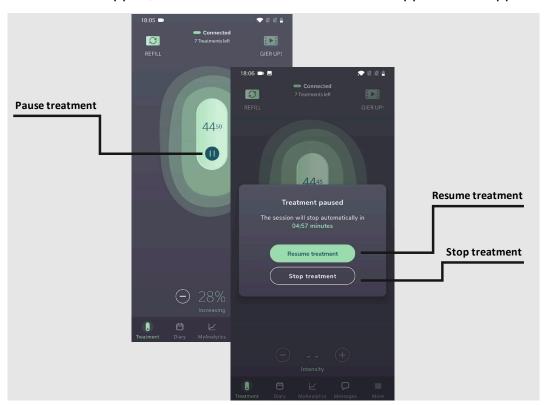
You can also record your symptoms post-treatment via notifications that will be sent or in the post-treatment assessment section in the More menu.

### 6.5.1. TREATMENT IN PROGRESS

The progress of the treatment can be monitored by the specified time remaining of the total treatment duration time (45 minutes).

You can pause the treatment session for up to 5 minutes by touching the pause button. Press 'Resume treatment' to resume the treatment. Each session can be paused up to 3 times. If a treatment is not resumed within 5 minutes, it will be stopped automatically. When the treatment is resumed, the stimulation intensity will gradually increase to the level used before pausing the treatment. This gradual increase will be presented in the app by a flashing "increasing" indication that will stop once the desired intensity is reached.

The treatment can be stopped early at any time by touching the pause button and then "Stop treatment". Do not remove the device from your arm before the treatment has ended or has been stopped, unless the treatment cannot be stopped in the app.



During the treatment, you may experience slight muscle spasm, numbness of the hand and irritation of the skin. These sensations should resolve soon after the end of treatment.

If you experience an uncomfortable or painful sensation that does not resolve by decreasing the intensity, stop the treatment in the app and remove the device from the arm.

- It is recommended that your smartphone will be protected by a password (or other security mechanism) to refrain from unwanted people to activate the device
- Interference to the Bluetooth connectivity may occur in the vicinity of equipment emitting RF (e.g. microwave, routers, WIFI devices)
- For effective results, it is recommended to avoid using other electrical devices during treatment
- If the device was on for over 3 minutes when no treatment was in progress, it automatically shuts down. Turn the device back on to start a treatment.
- If the "Stop" button does not respond, you can carefully remove the device from your arm

### 6.5.2. TREATMENT COMPLETED

**Step 1:** When the treatment is completed, remove the armband and the device from your arm. The device will turn off automatically one minute after the treatment session has ended (the green light will turn off).

- **Step 2:** Apply the protective film on the electrodes (the protective film is reusable).
- **Step 3:** Place the device in its original package or in the travel bag to store it for next use.
- **Step 4:** Close the app.



If your migraine headache is not aborted 30 minutes following treatment, you may administer additional treatments.

### 6.6. STORING THE DEVICE FOR NEXT USE

Once the treatment has been completed, the device needs to be stored until the next treatment.

- **Step 1:** Verify that the electrodes are covered with the protective film.
- **Step 2:** Store the device in its original package or in the travel bag in an indoor environment, away from direct sunlight and according to storage environment conditions specified in this user manual.
  - To minimize moisture loss, when unused, the electrodes should be covered with the provided protective film and the device should be stored in its original package
- Do not expose the device to moisture and/or high humidity. If exposed, dry the device as soon as possible
- The device should be stored and cleaned according to the recommended conditions describe in the user manual

### 6.7. REVIEWING YOUR MIGRAINE DIARY

Keeping detailed records of migraine episodes can help in migraine management. The symptoms recorded during a treatment will be saved in a migraine diary that can be reviewed at any time via the app. Touch "Diary" to review your migraine symptoms.

You can also report on a daily basis (but not more than once a day), a set of migraine symptoms including your current migraine headache, to record your symptoms in the diary even if the device is not used.

You can view and edit these reports at any time from the 'Diary' tab in Nerivio app.

To help you track your migraine headaches, the app will provide notification to fill your symptoms at 2 hours after a treatment session or a reported migraine headache. You can disable these notifications in the smartphone settings.

### 7. CLEANING, MAINTENANCE AND DISPOSAL

### 7.1. CLEANING AND MAINTENANCE

- The device can be cleaned with a dry cloth (except for the electrodes).
- If the electrodes begin losing adhesion, gently rubbing one or two drops of water onto the gel surface may extend usage.
- The armband can be washed with water and soap only. No bleach products should be used. Do not tumble dry. Do not iron.
- To minimize moisture loss, when unused, the electrodes should be covered with the provided protective film and the device should be stored in the aluminum bag.
- Contact customer support if the package and/or device labeling are damaged.
- The lifetime of the electrodes varies depending on skin conditions, skin preparation, storage and climate.
- The app can be updated using the standard update procedure of the mobile operating system.
- Before or after a treatment, rub the electrodes using a drop of water to improve their adhesiveness
- Do not clean the device with soap, alcohol, submerge in water, or scrub with abrasive material
- Do not disassemble or modify the device by yourself

### 7.2. DISPOSAL



- This product should be disposed of in accordance with all applicable federal, state and local regulations related to the disposal of electronic equipment and batteries.
- If the battery has been fully discharged before use, before product expiration date or before 18 treatments have been performed, please contact customer support.
- Contact customer support for further information on the appropriate disposal of device components.

# 8. TROUBLESHOOTING

This section lists problems or observations that you may have, the possible cause(s) and recommended actions. Before addressing the troubleshooting table, please check and confirm the following:

- 1. Make sure that Bluetooth connection is enabled in your phone.
- 2. Make sure that there are treatments left in your device.

### 8.1. GENERAL

Problem	What it may mean	What to do
The device does not power on	The device is not working	Contact customer support in your region. See section 8.4.
	The power button was not held long enough	Press the power button continuously for 2-3 seconds
The device does not turn off	Nerivio has automatic shut off features	<ul> <li>The first time the device is turned on to pair and set up, the device will shut off automatically after 10 minutes.</li> <li>For all subsequent treatments, the device will give you 3 minutes to start the treatment.</li> <li>If you pause the device during a treatment, the device will automatically shut off after 5 minutes if treatment is not restarted.</li> <li>At the end of any treatment the device will automatically turn off after one minute.</li> <li>These built-in timers will not impact the device's ability to provide twelve 45-minute treatments.</li> </ul>

Problem	What it may mean	What to do
The LED is flashing very rapidly (5 times per second)	There is an error message on the screen	Connect the app to the device. View the error message in the app and follow the instructions. If the error does not appear on the screen, wait for the device to automatically turn off and then turn it back on
	There are no treatments left in the device	Connect the app to the device. Check in the app how many treatments you have left. The device is good for 18 treatments of 45 minutes, provided average stimulation intensity is under 85%. If there are no treatments left, dispose of the device.
The LED is solid green	Device malfunction	Contact customer support in your region. See section 8.4.
	The device is turned off	If the LED is off, turn on the device
	Bluetooth connection is disabled on the phone	Enable the Bluetooth feature on your phone and try to reconnect
	The phone and the device are not close enough	Remove the device from your arm. Bring the phone closer to the device, to a range of 1 inch (2.5 cm)
	The device was automatically shut down since the treatment ended or has not been initiated for a prolonged duration of time.	If the LED is off, turn on the device
The device does not connect to the	The smartphone has been previously paired with a different device	Here are some steps you can try to resolve the connectivity issue.
арр		1. Go to the Bluetooth settings on your phone and remove the device (on iPhone click info icon then forget device / on Android click gear icon then unpair).
		2. Then turn on the device and the Bluetooth on your phone and pair (please be sure the phone and the device are side by side when you pair).
		3. If the device does not connect go to the More menu at the bottom of the Nerivio App, select Nerivio device and then select Connect a new Nerivio device.
		4. If you still cannot pair, do a total shutdown of your phone, restart your phone and try to pair.

Problem	What it may mean	What to do
	General issues related to the Bluetooth on your smartphone	Here are some steps you can try to resolve the connectivity issue. Please do not skip any steps:  1. Turn your phone off, turn your phone back on.  2. Turn Bluetooth off and back on again in the settings menu. Do not try to pair the device from the Bluetooth menu.  3. Turn on the device and pair (please
		be sure the phone and the device are side by side when you pair).  4. If the device does not connect go to the More menu at the bottom of the Nerivio App, select Nerivio device and then select Connect a new Nerivio device.
		If you still cannot pair, rest network settings on your smartphone
	The treatment has not started yet or has been stopped or paused	Touch "Start" or "Resume treatment" in the "Treatment" screen
	The stimulation intentisty is too low	Increase the stimulation using the "+" button in the treatment screen, until you feel the stimulation
The stimulation is not felt	The protective film was not removed	Remove the protective film from the electrodes
	The electrodes begin losing adhesion	Gently rub with your finger one or two drops of water onto the gel surface of the electrodes. Wait for 10 minuts for better effect. You can repeate this process several times to improve dry electrodes adhesion.
	The adhesive surface of the device is damaged	Replace the device

# 8.2. MAIN ERRORS AND MESSAGES

Errors and messages displayed on the screen	What it may mean	What to do
Nerivio is not properly placed. Make sure that the protective film was removed and that the electrodes are in contact with	The device is not properly placed on the arm and/or the electrodes are not in contact with your skin	Make sure the protective film was removed from the electrodes.  The device should be placed
your skin		directly on the skin of the arm
No treatments left	No remaining treatments	The device cannot be used. Replace the device or order a new device.
Nerivio is shutting down since no treatment is performed. Turn it back on to start a treatment	The device was on for a specific duration of time and no treatment was performed	Turn on the device
	Bluetooth is off	Enable Bluetooth on your smartphone
No Nerivio devices were found	The device is turned off	Turn on the device
	The device is too far from the smartphone	Bring the phone closer to the device, to a range of 1 inch (~2.5 cm)
Authentication failed	The device has already been associated with a different user	Connect to a different Nerivio

## 8.3. LED STATUS

LED indication	Status
Flashing very rapidly (5 times per second)	The device is shutting down or an error occurred or there are no treatments left in the device
Solid green	Device malfunction
Flashing slowly (mostly on)	The device is ready to be connected to the app
Flashing rapidly	The device is connected to a smartphone

LED indication	Status
Flashing slowly (mostly off)	The device is in a treatment process

#### 8.4. CUSTOMER SUPPORT

Customer support is available to answer any questions you may have about your Nerivio device.

The service lifetime of the Nerivio is until product expiration date.



The battery operation time is 810 minutes (i.e., 18 treatments of 45 minutes) if stored at ambient temperature of 23±2°C, provided average stimulation intensity is under 85%

Local support in the region can be obtanied according to the following table. For any territotiry that is not listed, please use Global Inquiries.

USA	Global Inquiries	
Theranica USA Inc.	Theranica Bio-Electronics LTD.	
Address: 100 Somerset Corporate Boulevard 2nd Floor – Suite 160 Bridgewater, NJ 08807 USA	Address: 4 Ha-Omanut St. Netanya 4250438, Israel Email: info@theranica.com Web:	
Nerivio Cares Customer Support: Phone: 1-937-637-4846 Email: support@nerivio.com	https://nerivio.com/international- availability/ Fax: +972-72-390-9762	
Web: <a href="https://nerivio.com/">https://nerivio.com/</a>		
Israel	India	
DaphneMed Agencies LTD.	Dr. Reddy's Labs India, and Portea	
Phone: +972- 54-5996029   +972-77-3630400	Phone: 1800-123-2360	
Web: https://www.nerivio-il.co.il	Email: neriviodrl@porteamedical.com	
Email: info@daphnemed.com	Web: www.nerivio.in	
Germany	Spain	
betapharm	Reddy Pharma Iberia S.A.	
Email: kontakt@nerivio.de	Email: soportepacientes@nerivio.es	
Phone: <u>0800 589 26 38</u>	Phone: <u>93-355-49-16</u>	

Web: www.nerivio.de	Web: <u>www.nerivio.es</u>	
South Africa	United Kingdom	
Dr. Reddy's Laboratories (Pty) Ltd.	Dr. Reddy's Laboratories (UK) LTD	
Phone: 018 011 5205		
Email: <u>support@nerivio.co.za</u>	Email: info@nerivio.co.uk	
Web: www.nerivio.co.za	Web: www.nerivio.co.uk	

Support information for your local region may be updated from time to time. For the most up to date listings, please refer to <a href="https://nerivio.com/international-availability/">https://nerivio.com/international-availability/</a>

#### 9. OPERATION SPECIFICATION

#### 9.1. ENVIRONMENT OPERATING CONDITIONS

Operating temperature range: +5° to +40° C (41'F-104'F)

Relative humidity range: 35%-65%
Atmospheric pressure: 70-106 kPa

## 9.2. ENVIRONMENTAL STORAGE AND TRANSPORTATION CONDITIONS

**BETWEEN USES** 

Temperature range: +10° to +27° C (50'F-80.6'F)

Relative humidity range: 40%-50%, with no condensing

Atmospheric pressure: 70-106 kPa

#### 9.3. ENVIRONMENTAL TRASNPORTATION AND STORAGE CONDITIONS

Temperature range: +10° to +27° C (50'F-80.6'F)

Relative humidity range: 40%-50%, with no condensing

Atmospheric pressure: 70-106 kPa

#### 9.4. ELECTRICAL PROPERTIES

Battery type: Primary cell Li-MnO2, 3.0 V, 1.2 Ah

Maximum Voltage: 3.3V

Maximum Current 40mA

Frequency 100-120Hz

Charger Input: N/A – the battery is not rechargeable in the device.

Charger output: N/A – the battery is not rechargeable in the device.

810 minutes if stored at ambient temperature of 23±2°C.



Do not disassemble, crush, incinerate or short-circuit the battery. This could cause a fire, injury, burns, or other hazards.



Do not attempt to recharge or detach the battery



Recycle or dispose the device in accordance with disposal instructions in the user manual

# **10. TECHNICAL SPECIFICATIONS**

Number of channels	1
Waveform	Biphasic rectangular, modulated
Net charge (μC per pulse)	0 (charge is balanced by using a symmetrical, biphasic pulse)
Max output voltage	
500Ω	20V
2ΚΩ	60V
10ΚΩ	60V
Max output current	
500Ω	40mA
2ΚΩ	30mA
10ΚΩ	6mA
Maximum phase charge 500Ω	8 µC
Maximum average current 500Ω	1.76mA
Maximum current density (peak) 500Ω	1.6 mA/cm²
Maximum current density (r.m.s) 500Ω	0.34 mA/cm²

Maximum average current density (abs value) 500Ω	0.07 mA/cm²		
Maximum average power density $500\Omega$	1.41mW/cm²		
Frequency	100-120Hz, ave	rage 110Hz	
Primary phase duration [µSec]	200		
Pulse duration [µSec]	400		
Burst mode	No		
Program duration [min]	45		
Electrode area	25cm <sup>2</sup>		
Electrode compliance with 21 CFR 898	Yes		
Electrode cable	No		
Indication display	Device LED	Via the mobile application, if connected	
-On/off status	Yes	Yes	
-Wireless connection	Yes	Yes	
-Low battery	No Yes (remaining number of treatments)		
-Current level	No	Yes (stimulation intensity)	
-Output mode	Yes	Yes (stimulation time indicator)	
-Time to cut-off	No Yes (stimulation time indicator)		
Power source	Integrated, non-rechargeable, primary cell Li-MnO2 battery Operation time: 810 minutes (i.e. 18 treatments of 45 minutes), provided average stimulation intensity is under 85%*.  *Usage at average intensity above 85% will reduce the number of treatments. The expected number of 45-minute treatments may be in the range from 15 to 18.		
Processor control	Yes		
Wireless control	Yes		
Wireless communication	Frequency range: 2.400-2.4835 GHz		

	Modulation: Gaussian frequency shift Output power: ≤0 dBm	
Automatic overload trip	Yes, limiter for max current and voltage	
Automatic no load trip	Yes, out-of-range load detection	
Automatic shutdown	Yes, timer	
Simulation intensity control	Yes, current amplitude is adjustable by the user	

#### Wireless communication interference

This device operates in the 2.400-2.4835 GHz ISM band. In case this device is used around other wireless devices such as microwave and wireless LAN, which operate at the same frequency band as this device, interference between this device and such other devices may occur. If an interference occurs before the treatment has begun, the treatment may not start. Once the treatment has started, the device maintains the treatment parameters (shape and frequency of pulses during stimulation, intensity and duration) autonomically and does not require any further control. However, the app may not enable you to stop the treatment or adjust the intensity, which may result in an uncomfortable feeling. If such sensation occurs, please remove the device from your arm without touching the electrodes, stop the operation of the other devices or move away from the interfering source.

#### 11. SMARTPHONE REQUIREMENTS

Refer to <a href="www.nerivio.com">www.nerivio.com</a> for smartphone requirements

#### 12. CYBERSECURITY

The Nerivio system software is comprised of the Nerivio device embedded software ("Firmware"), an application backed service ("Backend") hosted on Amazon Web Services and operated by the company, and an application frontend ("Client") hosted by Nerivio mobile application on the user's smartphone. The Nerivio is a closed system, which does not allow installation of additional external components, nor ability of the user to upgrade or modify the device Firmware or Backend. The Client software exposes only a user interface (UI).

The Backend is accessible only to authorized company personnel over a secure HTTPS communication channel. The company operates the Backend and assumes full responsibility for maintaining its cybersecurity, including patching, and securing the infrastructure and application code, as well as security incidents management.

The Client software runs on a mobile platform that is the responsibility of the user. The device Firmware and the Client software are not designed to detect or report on security events. The company recommends selecting a strong user password when creating Nerivio account and protecting your mobile platform by a password (or other security

mechanism) to refrain from unwanted people to activate the device or access your personal information. To verify user's account validity, the Nerivio system includes authentication and verification through the user's email.

#### **Instructions for Security**

The following cybersecurity controls are recommended to increase cybersecurity of the Client software and user's mobile platform:

- The mobile platform should require authenticated access via user credentials. You are advised to lock your smartphone with a password or any other means (e.g. biometric, pin code or other).
- Restrict unauthorized physical access to the mobile platform and Nerivio device.
- Keep the mobile operating system on the mobile platform up to date with the latest security updates.
- Download the Nerivio mobile application only from an official application store outlined in this user manual.
- Keep the Nerivio application software up to date. It is recommended to allow automatic upgrade of Nerivio mobile application on your mobile platform.
- When creating the Nerivio account choose a strong password. The password must be at least 9 alpha-numeric characters including at least 1 uppercase letter, at least 1 lowercase letter and at least 1 numeric digit.



It is recommended that your smartphone will be protected by a password (or other security mechanism) to refrain from unwanted people to activate the device

For additional information on data protection and privacy refer to www.nerivio.com privacy policy.

#### 13. POTENTIAL ADVERSE REACTIONS

 People with sensitive skin may experience a rash or redness of the skin under the electrodes.

#### 14. CLASSIFICATION

- Internally powered ME Equipment
- Type BF applied part
- Enclosure IP22
- Continuous operation

#### **15. EMC STATEMENT**

With the increased number of electronic devices such as PC's and mobile (cellular) telephones, the Nerivio device may be susceptible to electromagnetic interference from

other devices, even if they comply with CISPR emission requirements. Electromagnetic interference may result in incorrect operation of the Nerivio device and create a potentially unsafe situation.

The Nerivio device should not interfere with other devices.

In order to regulate the requirements for EMC (Electro Magnetic Compatibility) with the aim to prevent unsafe product situations, the IEC60601-1-2 standard has been implemented. This standard defines the levels of immunity to electromagnetic interferences as well as maximum levels of electromagnetic emissions for medical devices.

The Nerivio medical device conforms with the IEC60601-1-2 standard for both immunity and emissions.

The Nerivio device requires special precautions regarding EMC and needs to be installed and used according to the EMC information provided in this manual:

- Do not use any unspecified accessories with the Nerivio device. This may result in increased emissions or decreased immunity of the device.
- The Nerivio device should not be used adjacent to or stacked with other equipment.
   In case adjacent or stacked use is necessary, the Nerivio device should be monitored to verify normal operation in the configuration in which it is used.
- Do not use devices which generate strong electrical or electromagnetic fields in proximity to the Nerivio device. This may result in incorrect operation of the device and create a potentially unsafe situation. In order to reduce the risk of EM interference, it is recommended to keep a minimum distance of 30 cm (12 inches) between the device and other electromagnetically radiating devices. Verify correct operation of the device if the distance is shorter.

The Nerivio device complies with immunity tests described below.

#### 15.1. ELECTROMAGNETIC TEST RESULT SUMMARY

Test	Standard	Class /	Test
		Severity level	result
Emission			
Radiated emission	IEC 60601-1-2 section 7.1 /	Group 1 Class B	Complies
Frequency range:	CISPR 11		
30-1000 MHz	ETSI EN 301 489-1 section 8.2;	Class B	Complies
	ETSI EN 301 489-17 section 7.1/		
	EN 55032		
Radiated emission	ETSI EN 301 489-1 section 8.2;	Class B	Complies
Frequency range:	ETSI EN 301 489-17 section 7.1		
1.0 GHz-6.0 GHz	EN 55032		
Immunity			
Immunity from	IEC 60601-1-2 section 8, Table 4/	8 kV contact &	Complies
Electrostatic	IEC 61000-4-2	15 kV air discharges	
discharge (ESD)	ETSI EN 301 489-1 section 9.3;	4 kV contact &	Complies
	ETSI EN 301 489-17 section 7.2/	8 kV air discharges	
	EN 61000-4-2		

Test	Standard	Class /	Test
		Severity level	result
Immunity from radiated	IEC 60601-1-2 section 8, Table 4/	10 V/m,	Complies
electromagnetic fields	IEC 61000-4-3	80 MHz ÷ 2.7 GHz,	
		80% AM, 1 kHz	
Immunity from Proximity	IEC 60601-1-2 section 8, Table 9/	List of frequencies,	Complies
field	IEC 61000-4-3	from 9 V/m up to 28	
from wireless		V/m,	
communications		PM (18 Hz or 217 Hz),	
equipment		FM 1 kHz	
Immunity from radiated	ETSI EN 301 489-1 section 9.2;	3 V/m,	Complies
electromagnetic fields	ETSI EN 301 489-17 section 7.2/	80 MHz - 6 GHz,	
	EN 61000-4-3	AM 80% @ 1 kHz	
Immunity from power	IEC 60601-1-2 section 8, Table 4/	30 A/m @ 50 Hz & 60	Complies
frequency magnetic field	IEC 61000-4-8	Hz	
Note: this table is formatted based on IEC60601-1-2.			

#### 15.2. ELECTROMAGNETIC EMISSIONS

The Nerivio is intended for use in the electromagnetic environment specified below. Please assure that the device is used according to these specifications.

Note: the following tables is formatted based on IEC60601-1-2.

Electromagnetic emissions IEC 60601-1-2		
Emissions Test	Compliance	Electromagnetic Environment - Guidance
RF emissions CISPR 11	Group 1	The Nerivio uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
RF emissions CISPR 11	Class B	The Nerivio is suitable for use in all
Harmonic emissions IEC 61000-3-2	Not applicable	establishments, including domestic establishments and those directly connected to the public low-voltage power
Voltage fluctuations / Flicker emissions IEC 61000-3-3	Not applicable	supply network that supplies buildings used for domestic purposes

#### 15.3. ELECTROMAGNETIC IMMUNITY

The Nerivio is intended for use in the electromagnetic environment specified below. Please assure that the device is used according to these specifications.

Electromagnetic immunity IEC 60601-1-2				
Immunity Test IEC 60601-1-2 test Compliance Level Electromagnetic Environme			Electromagnetic Environment-	
	level		Guidance	
Electrostatic	Contact discharge:	Contact discharge:	The relative humidity should be at	
discharge, ESD	±8 kV	±8 kV	least 5%	

Electromagnetic immunity IEC 60601-1-2			
Immunity Test	IEC 60601-1-2 test level	Compliance Level	Electromagnetic Environment- Guidance
(IEC 61000-4-2)	Air discharge:	Air discharge:	
	±15 kV	±15 kV	
Electrical fast	Power supply lines:	Not Applicable	
transient / burst	±2 kV		
(IEC 61000-4-4)	Longer input / output lines: ±1 kV	Not Applicable	
Surge on AC	Common mode:	Not Applicable	
mains lines	±2 kV		
(IEC 61000-4-5)	Differential mode:	Not Applicable	
	±1 kV		
Voltage dips,	0% UT	Not Applicable	
short interruptions	for 0.5 cycle		
and voltage			
variations on	0% UT	Not Applicable	
power supply lines	for 1 cycle		
(IEC 61000-4-11)	70% UT	Not Applicable	
	for 25 cycles		
	0% UT	Not Applicable	
	for 5 s		
Power frequency	30 A/m	30 A/m	
(50/60 Hz)			
magnetic field			
(IEC 61000-4-8)			
Note: UT is the A.C	. mains voltage prior to	application of the test l	evel.

Electromagnetic immunity IEC 60601-1-2				
			Portable and mobile RF communications equipment should be used no closer to any part of the Nerivio, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter.  Recommended separation	
Conducted RF (IEC 61000-4-6)	3 V rms 150 kHz to 80 MHz	Not Applicable	distance d = 1.16 √P 150 kHz to 80 MHz	
(120 0 1000 1 0)	6 V rms The ISM bands and the amateur radio bands between 150 kHz to 80 MHz	Not Applicable	d = 0.58 √P 150 kHz to 80 MHz (The ISM bands and the amateur radio bands)	

Electromagnetic immunity IEC 60601-1-2					
Radiated RF	10 V/m	10 V/m	$d = 0.35  \sqrt{P}$ 80 MHz to 800 MHz		
(IEC 61000-4-3)	80 MHz to 2.7 GHz	80 MHz to 2.7 GHz	$d = 0.7 \sqrt{\text{P}}$ 800 MHz to 2.7 GHz		
	IEC 60601-1-2:2014	IEC 60601-1-			
	Table 9	2:2014 Table 9			
	(Up to 28 V/m at	(Up to 28 V/m at			
	certain frequencies)	certain frequencies)			
			Where P is the maximum output		
			power rating of the transmitter in		
			watts (W) according to the transmitter		
			manufacturer and <i>d</i> is the		
			recommended separation Distance in		
			meters (m).		
			Field strengths from fixed RF		
			transmitters, as determined by an		
			electromagnetic site surveya, should		
			be less than the compliance level in		
			each frequency range.		
			Interference may occur in the vicinity		
			of equipment marked with the		
			((⟨ <b>*</b> ⟩))		
			following symbol:		

Note 1: At 80 MHz and 800 MHz, the higher frequency range applies.

**Note 2**: These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures objects and people.

#### 15.4. RECOMMENDED SEPARATION DISTANCES

#### Recommended separation distance between portable and mobile RF communications equipment and the NM

Nerivio is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customers or the users of Nerivio can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and Nerivio as recommended below, according to the maximum output power of the communications equipment.

Output Power of	Separation distance according to frequency of transmitter in meter			
Transmitter in Watt	150 kHz to 80 MHz		80 MHz to 800	800 MHz to 2.7
			MHz	GHz
	$d = 1.16 \sqrt{P}$	$d = 0.58 \sqrt{P}$	$d = 0.35 \sqrt{P}$	$d = 0.7 \sqrt{P}$
0.01	0.12	0.06	0.04	0.07
0.1	0.37	0.18	0.11	0.22
1	1.16	0.58	0.35	0.7
10	3.67	1.8	1.1	2.2
100	11.6	5.8	3.5	7.0

For transmitters rated at a maximum output power not listed above, the recommended separation distance d in meters (m) can be estimated using the equation applicable to the

<sup>&</sup>lt;sup>a</sup> Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the Nerivio is used exceeds the applicable RF compliance level above, the Nerivio should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the Nerivio.

frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

**Note**: At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies **Note**: These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects, and people.

#### 16. FCC RADIO FREQUENCY INTERFERENCE STATEMENT

FCC Registration Number (FRN): 0027054477.

This equipment has been tested and found to comply with the limits of Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a installation. If this equipment causes interference with other devices, which may be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the device receiving the interference
- Increase the separation between the equipment
- Connect the equipment into an outlet on a circuit different from that to which the device is connected.
- Consult the manufacturer or field service technician for help

Theranica Bio-Electronics LTD. is not responsible for any radio or communication interference caused by using other than specified or recommended cables and battery or by unauthorized changes or modifications to this equipment. Changes or modifications not expressly approved by the manufacturer could void the user's authority to operate the equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1. This device may not cause harmful interference, and
- 2. This device must accept any interference received, including interference that may cause undesired operation.

# 17. APPLICABLE STANDARDS

- IEC/EN 60601-1 Medical electrical equipment, part 1: General requirements for basic safety and essential performance.
- IEC/EN 60601-1-2 Medical electrical equipment- Part 1-2: General requirements for safety – collateral standard: Electromagnetic compatibility –Requirements and tests.
- IEC/EN 60601-2-10 Requirements for the safety of nerve and muscle stimulators

# Nerivio®



# theranica

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